



Australian Bobath
Neuro-Developmental
Therapy Association (Inc.)
A0028064N

ABNDTA Newsletter

May 2007

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Committee Member Profile

Lyndal Franklin

Welcome to our second edition of the ABNDTA newsletter from the Queensland committee. I accepted the position of president of ABNDTA Inc at the inaugural handover to the Queensland based committee in September 2005. Prior to this I held committee positions of treasurer then president of NDT-Queensland Inc. which dissolved as an incorporated association to support nationalization of ABNDTA Inc.

My current position as ABNDTA president is made easier by the fantastic support of an enthusiastic committee comprising paediatric physiotherapists, speech pathologists and OTs who work tirelessly to sustain and promote the purpose of ABNDTA Inc. I am most grateful to Sarah Foley in Melbourne for her ongoing involvement in ABNDTA and support to the Brisbane based committee.

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ABNDTA Committee Members 2007

President

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Annabelle Marozza

is currently on
maternity leave.

Congratulations on the
very recent
arrival of her first
baby, Lucas



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Committee Member Profile

Lyndal Franklin

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My interest in Neuro-Developmental Treatment began back in 1988 whilst working in Canada at the Thames Valley Children's Treatment Centre in London, Ontario. During my time at this centre I was most fortunate to be able to attend a number of NDTA workshops and components of a basic course with some very inspiring instructors including Susanne Campbell (PT), Helen Larin (OT) and Rhona Alexander (SLP). I eventually completed a full 8 week basic paediatric NDTA course in 1995 at the CPLQ Brisbane with Marjorie Adams (NDTA coordinator instructor) and Dr Lyn Chandler, supported by a number of other NDTA OT, SLP and PT instructors. In 1997 I completed the 3 week Advanced Baby Treatment course with Anke Von Steiger from Switzerland. These courses and training have been the most significant professional development activities I have completed in all my years as an occupational therapist. Since completing basic and advanced training I have had the opportunity to attend a range of NDT/Bobath seminars and workshops in Australia with many inspiring instructors, including Regi Boehme, Lezlie Adler, Suzanne Davies, Betty Hutchon and JP Maes.

The knowledge and skills I acquired in the NDT/Bobath approach have become integral in my clinical practice in working with infants and young children. I have spent the past

18 of 25 years as an OT at the Mater Children's Hospital in Brisbane working as part of multidisciplinary teams providing child development services. My special area of interest and practice for many years now is working with high risk infants, and infants and toddlers with complex medical, developmental and feeding problems. I work closely with my colleagues from Speech Pathology in providing a Feeding Therapy Service and OT services to our Eating & Swallowing Specialist Clinic. Commencing this year, a part-time OT position was approved for the Mater Mother's Hospital Neonatal Nurseries, and I am very excited to be part of the Allied Health team providing services to this special group of infants and their families. To enhance my skills in this area I commenced training with Betty Hutchon last October in the use of the Brazelton Neonatal Behavioural Assessment Scales along with 6 other keen therapists. We are set to complete our Reliability training in the NBAS in June this year with Beulah Warren from Sydney.

When not busy in clinical practice and following up other professional activities, ABNDTA included, I am working at trying to complete post-graduate studies, Masters Philosophy (OT Research) at UQ. This doesn't leave much time for play, but my 4 (almost 5) year old son does remind me that this is still important!

WE ARE ON THE WEB

VISIT US AT

WWW.ABNDTA.ASN.AU

The website is constantly being updated—keep checking the site for details of upcoming

Professional Development events

Tell us about YOUR Continuing Education needs.

Complete our Survey on Page 7, and help us to plan Professional Development Activities to suit YOU.



Books for loan to members

Please send loan requests to Librarian (see below).

Please send loan requests to Postage and packaging apply

Loan period: 1 month

- Alexander, R., Boehme, R., Cupps, B. - **Normal Development of Functional Motor Skills: The First Year of Life**
- Blanche E.I., Botticelli T.M., Hallway M.K. **Combining Neuro-Developmental Treatment and Sensory Integration Principles: An Approach to Pediatric Therapy.** 1995.
- Bly, L. **Baby Treatment: based on NDT Principles.** 1999.
- Boehme R. **Developing Mid-Range Control and Function in Children with Fluctuating Muscle Tone..** 1987.
- Boehme R. **Improving Upper Body Control.** 1988.
- Boehme R. **The Hypotonic Child: Treatment for Postural Control, Endurance, Strength, and Sensory Organization.** 1987.
- Brooks V. **The Neural Basis of Movement Control.** 1986.
- Copley, J., Kuipers, K. **Management of Upper Limb Hypertonicity** 1999.
- Erhardt, R.P. (Ed.) **Parent Articles About NDT** 1999.
- Forsberg H, Hirschfeld H. (volume eds.) **Movement Disorders in Children: proceedings of the International Sven Jerring Symposium, Stockholm, Sweden 1991. Medicine and Sport Science Vol. 36** 1992.
- Rothwell J **Control of Human Voluntary Movement. 2nd Ed.** 1994.
- Winstock A **The Practical Management of Eating and Drinking Difficulties in Children.** 1994.

Videos for loan to members

Please send borrowing requests to Librarian (see below).

Postage and packaging will be charged.

Loan period: 1 month

*NB: Videos marked with an * are also available for sale for \$75 each.*

- Open Forum: Motor Learning Theory and the Bobath Concept: 1993
- Boehme Workshops.1991. The Child With Hypotonicity: Treatment for Lower Extremity Awareness & Control.
- Boehme Workshops. 1991. *Gaining control of the Trunk: Treatment of a Young Child with Spasticity.
- Boehme Workshops. 1991. *Upper Extremity Treatment of an Adult with Hemiplegia.
- Mental, Emotional & Spiritual Effects of Childhood Disability. Keynote address. Hubert Haberfellner and Ursula Haberfellner (Innsbruck, Austria).
- Developing Oral-motor control through therapeutic handling and oral prostheses: Seminar Highlights, Oro-Motor Symposium, 13-16 November 1994, Melbourne, Victoria.
- The treatment and daily management of children with athetosis and spastic diplegia.
- Teaming with Success: The Bobath Interdisciplinary Approach.

contact ABNDDTA librarian:

Donna Hipgrave: donna@hipgrave.com.au

Feedback—Bobath/NDT Courses (October 2006)

ABNDDTA was proud to once again host the “**Early Assessment and Treatment for Babies and Young Children Workshop**” in both Melbourne and Brisbane in October 2006. The return of instructors Jean-Pierre Maes (Senior Physiotherapist, The Bobath Centre, London) and Betty Hutchon (Head Paediatric OT, The royal Free Hospital, London) was very welcome, with both courses filled to capacity.

Jean-Pierre stayed on in Brisbane an extra week to lead

the “**Advanced Facilitation Workshop**” for ten lucky participants. Many thanks to Fiona Semple for her insights into that week on Page 5 of this newsletter.

During the same visit, in Brisbane, Betty Hutchon led seven therapists to commence their training in the “**Brazelton Neonatal Behavioural Assessment Scales** “. These therapists will complete their training in June this year under the guidance of Beulah Warren from Sydney.

“The course gave me, as a parent, a better understanding of how to handle my child which will have longer term benefits for her” (Comment from Parent Feedback Survey October 2006)



Therapists, instructors, tutors and organisers of the Brisbane workshop for the Early Assessment and Treatment of Babies and Young Children.

Parent Feedback:

A Parent Survey was conducted to collect feedback from the families of those children who participated in the practical sessions of the Baby Treatment Workshops and the Advanced Facilitation Workshops.

Overall Feedback was very positive, and constructive comments were also offered.

“I have witnessed a dramatic improvement in my son in a short period of time and for that my wife and I are extremely grateful. Thank you!

(Comment from Parent Feedback Survey October 2006)



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Feedback from the Advanced Facilitation Course

Instructor: Jean-Pierre Maes – PT from the Bobath Centre, London UK.
Monday 9th – Saturday 14th October 2006 (Brisbane).

Ten therapists from the 3 disciplines OT, PT and SLP were greatly inspired by spending 6 days discovering new, innovative and sometimes 'not so new' ways of helping children of varying ages achieve functional gains.

Each day focussed on a child with a different type of cerebral palsy. One day was around children with predominantly increased tone, another around athetosis, another ataxia and lastly the preterm child. This was a most helpful way of looking at the facilitation of functional activities in children with neuromotor disorders. We watched video clips of several children, with the same type of cerebral palsy, being active. Then Jean-Pierre treated a child with this type of cerebral palsy. We discussed the reasons for the emphasis being different for the different types of challenges facing the children. The ultimate goal is the same – to facilitate each child along their individual path to greater functional independence in the most effective and energy efficient way.

Each pair of therapists treated the same child all week. Jean-Pierre provided input to each pair and helped extend our skills of analysis of movement and problem solving on the spot. It

was interesting to re-evaluate the child at the end of the week and see what and how much had changed in such a short period. It was very encouraging in all the ages, but more so in the younger children.

What was refreshing to me was the idea of 'less is more'! Sometimes, by taking away some of our support, the child was challenged to be more active themselves, thereby laying down stronger pathways of movement for function. I was very surprised in many instances to witness the achievements of children I knew, who were and are capable of far more good active movement than I had thought. It's amazing what appropriate motivation and minimum of facilitation can do! Very often I realized I gave too much help, when in fact the children were able to do much more themselves. So being able to perceive just how much (or little) is needed, was an important learning point for me.

Thanks to all the organisers for a very worthwhile experience.

Fiona Semple — Physiotherapist



The group from the Advanced Facilitation Course in Brisbane take some time out to relax together during their intense week of learning.

- **23-24 April 2007: 2 day Introductory Course—Perth**

Course Leader: Sarah Foley (Bobath Instructor)
Anne Gordon (Occupational Therapist)

Check the website for more
details on all courses
www.abndta.asn.au

- **May 24-25 2007:**

National Conference of Cerebral Palsy (CP) Australia

Jupiters Casino **Gold Coast, Queensland.**

Check out the conference website for programme details: www.cp2007.iamevents.com.au

- **June 19-21 2007:**

Brazelton Neonatal Behavioural Assessment Scales—Brisbane

Completion of Oct 2006 training

Brazelton Trainer: Beulah Warren (MA (Hons), MAPS, Psychologist); certified trainer NBAS

- **August 9-11 2007: 3 day Introductory Course—Townsville**

Course Leader: Sarah Foley (Bobath Instructor)

Penny Ireland (Physiotherapist)

- **December 10-14 2007: 5 day Refresher Course - Melbourne**

Course Leader: Dr Margaret Mayston (Senior Bobath Instructor)

- **December 2007:**

6 day Advanced Facilitation Course - New Zealand

Course Leader: Jean-Pierre Maes (Senior Bobath Instructor)

Dates to be confirmed for a

2 day Introductory Course in Melbourne later this year

Sarah Foley (Instructor) Kelly Reynolds (PT)

- **January and April 2008 (dates to be confirmed):**

Bobath-Neurodevelopmental Therapy Basic Course—Brisbane

Course Leaders: Sarah Foley (Bobath Instructor)

Dr Margaret Mayston (Senior Bobath Instructor)

South African Connections:

ABNDTA was delighted to be able to support **Sarah Foley** (Bobath Instructor) and **Kelly Reynolds** (Physiotherapist) to attend a one week **Training Workshop for NDT and Bobath Instructors and Tutors in South Africa** in April this year. Sarah and Kelly also made significant personal commitments to attend the course which was organised by the South African Neuro Developmental Therapy Association and led by Sarah Capelovich, President of the European Bobath Tutors Association.

Survey of Interest for Professional Development Activities March 2007

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Please indicate activities you would be interested in attending over the next 1-2 years.

Completing this survey will assist us in course planning.

*Please print this page and post to: ABNDTA Committee PO Box 2240, New Farm Q 4005
or e-mail comments to Mary-Louise Shearer - mickml@bigpond.net.au*

Topic	Preference rate top 5 events (1= highest)	Location preferred state & city
Introductory Course		
Refresher		
Basic 8 week course		
Baby Treatment		
Advanced facilitation		
Brazelton Training		
Advanced Discipline-specific (OT)		
Advanced Discipline-specific (SP)		
Advanced Discipline-specific (PT)		
Other comments (If you indicated an interest in an Advanced discipline-specific course please indicate any topics of particular interest eg. Respiration/phonation; feeding; gait; upper limb)		

