

Membership Due NOW !

AUSTRALIAN BOBATH NEURODEVELOPMENTAL THERAPY
ASSOCIATION
A0028064N

2003 Membership Application

Name:-.....
Preferred Postal Address:-.....
Postcode:-

Telephone: (Home):-..... (Business):-.....
Fax:- Email:-

Preferred Correspondence Email Address:-

Qualification:-.....

Membership categories:

New Member Renewing member

Category 1. Full member (voting member)
Have completed an eight-week A.B.N.D.T.A recognised paediatric course

Category 2. Associate Member (Non voting member)
Have not completed an eight week recognised course but supports A.B.N.D.T.A and its principles

I am happy for my name to be made available to other members

Bobath N.D.T. Courses you have completed

(Please enclose copies of certificates if a new member)

Type of Course	Date	Instructor	Place
Basic 8 week			
Refresher			
Advanced Baby			
Instructor Training			
Other (specify)			

I hereby apply for membership of A.B.N.D.T.A. and enclose my annual subscription for 2003 of \$49.50 inc GST (Cheques made payable to A.B.N.D.T.A.)

Signed.....

Please return to: Membership Secretary (A.B.N.D.T.A.)
P.O. Box 7055
Geelong West. 3218
Victoria.

Newsletter

June 2003



Australian Bobath
Neuro-Developmental
Therapy Association (Inc.)
A0028064N

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CE Report

The 2003 CE program got off to a flying start in an alternate format 8 week course in Brisbane which started on January 6th. The workload was intense but feedback has otherwise been positive. Special thanks to Penny Ireland, Megan Kentish, Katy Caynes and Mary Louise Sheaner who assisted in organising the course. Thanks also to the teaching team of Margart Mayston, Sarah Foley, Anne Reardon, Teena Caithness & Kate Bain who inspired and challenged all course participants.

There are a number of courses being planned for the rest of 2003 and into 2004. We are planning an 8 week course to be held in Perth beginning in January 2004. We are currently working on registration for overseas therapists but hope to be able to announce details soon.

Leslie Adler is returning to Australia and will be teaching with Kate Bain in Brisbane in August. This course will also be held in Auckland.

Margaret Mayston will be teaching a 3 day neurosciences course in Melbourne in the second half of the year, with a Refresher course planned for early 2004.

Course details will be updated via the newsletter and email if you would like to be added to our email list for course updates please send us a message at abndta@yahoo.com. If you have other ideas or requests for courses, please either contact someone from the committee or send us an email at abndta@yahoo.com.

Jane Galvin, CE Convenor

Abstract

Botulinum Toxin Type A in Ambulant Children with Cerebral Palsy

Summary

Botulinum toxin Type A has recently become a treatment option in the management of spasticity in children with cerebral palsy. Intramuscular injections of botulinum toxin A block the release of acetylcholine at the motor end plate, leading to reversible chemodenervation of muscle. This has been shown to provide a clinically useful reduction in localised spasticity for 12-16 weeks with flow-on into more long-term improvements in function in about 5% of children with cerebral palsy, to help therapists to select appropriate patients and maximise the potential gains from botulinum toxin A treatment.

**Anne Mackey
Sharon Walt
N Susan Stott**



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<p>Michele Spreckley</p> <p><i>Treasurer & Continuing Education</i></p> <p>Ph: (W) 9345 5092</p> <p>Email: michele.spreckley@rch.org.au</p>	<p>Kate Bain</p> <p><i>Instructor Pathway</i></p> <p>Ph: 0417 645 198</p> <p>Email: kandrbain@primus.com.au</p>
<p>Kelly Heywood</p> <p><i>Secretary & Public Officer</i></p> <p>Ph: (W) 5341 2375</p> <p>Email: kheywood@pinarc.org.au</p>	<p>Sue Bray</p> <p><i>Website /Library Co-ordinator</i></p> <p>Ph: (W) 9888 7686 (Mob) 0407 500 582</p> <p>Email: suebray@yooralla.com.au</p>

- Sue Bray**
- Became an Occupational Therapist in 1987.
 - Worked as an OT with children & families in schools and early childhood services since then, pretty much, apart from 1 year off travelling overseas.
 - Failed small attempts at private-practice (according to my accountant, anyway!)
 - 2.5 years ago became Manager of Yooralla's Early Childhood Intervention Services.
 - Did my first 8 week Bobath Course in 1990. Came away from this course absolutely inspired by Margaret Mayston and her teaching team, which included Sarah Foley and Teena Caithness. Wondered what on earth I'd been doing in my OT sessions with kids previously. Took me a while to work out how to fit the Bobath way of working into my role as OT because I felt more like a Physio. (Applying what I learnt and practiced to functional outcomes wasn't as easy as I thought it was going to be!)
 - Became even more inspired on a visit to the Bobath Centre whilst in London and on my return joined the ABNDTA committee in 1993.
 - Further inspired by Kate Bain when helping her teach on the 1993 8-week course.
 - Did my 2nd 8 week Bobath course in 1995 in Perth, while assisting with OT bit. Once again inspired by MM and Anne Gordon, an Aussie OT who'd worked at the Bobath Centre in London.
 - Assisted with teaching/tutoring on a few ABNDTA workshops and courses, here and there.
 - Now trying to work out (in my own head and as a manager) what is the "just-right" balance of hand's on therapy, consultancy and family support, whilst passionately believing that children with additional needs and their families should be included and supported within local child-care centres, preschools and schools and be as much a part of the community as they want to.
 - This year somehow got roped into being on the ABNDTA committee again. Will continue the efforts of Andrea Curran in maintaining and improving the website for members. Any suggestions, comments (or good IT contacts) are very welcome (suebray@yooralla.com.au)

We are attempting to set up a register of private Bobath/NDT practitioners in each state and hope to get some feedback from our members about how best to do this.

1. Would you be happy to be listed on a register?
If yes, please give me your details.

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.....

.....

2. Would you be happy to be listed on our website?

.....

.....

or would you prefer the register be held as a list which would necessitate making contact with committee members to access private practitioner details.....

.....

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Please return to: Katy de Valle - Physiotherapy Dept.
Royal Childrens Hospital,
Flemington Road,
Parkville 3052 VIC.
katy.devalle@rch.org.au

New books available

- Neurodevelopmental Treatment Approach: Theoretical Foundations & Principles of Clinical Practice. *Janet M Howle Editor in collaboration with NDTA Theory Committee order form: www.ndta.org Cost: \$85 US*
- Marcia Stammer - 'Posture & Movement in the child with cerebral palsy' - Therapy Skill builders.

(Please pay your membership if you have not already done so!)



Some Interesting Reading

ABSTRACT: **Hand function in children with hemiplegic cerebral palsy: prospective follow up of functional outcome in adolescence.**

Case Study FREDRIZZI, PAGLIANO, ANDREUCCI, OLEARI
Developmental Medicine & Child Neurology 2003, 45: 85-91

Summary The aim of this prospective study was to determine the outcome of affected hand impairment and disability in a group of 31 children (16 males, 15 females) with hemiplegic cerebral palsy who were referred consecutively to our rehabilitation service and followed from a mean age of 2 years and 7 months old and a mean age of 12 years and 9 months. The hand function assessment protocol consisted of video-recorded procedures: one to assess grip and the other to assess the extent of spontaneous use of the affected hand. Assessments at outset and at latest follow-up showed that the series as a whole had greater hand impairment in spontaneous manipulation than in gripping tasks. Comparison of hand function before age 4 years with the latest assessment over age 11 years revealed a non-significant improvement in grip, whereas spontaneous hand use remained stable. All but one of the children who had good grip and hand use scores at first assessment maintained them over time unless they were not treated for hand dysfunction. Among the children with low scores at outset, the improvement over time was more marked in grip than spontaneous hand use and occurred mainly in the early years. These results suggest that to evaluate the real disability of the affected hand in children with hemiplegia, grip assessment is insufficient and that an instrument assessing spontaneous hand use in bilateral manipulation is required. Furthermore, intensive treatment focused on hand function should be planned in the early years for children with more severe hand impairment, whereas regular follow-up is sufficient for less affected children.

SPECIALIST CHILDREN'S SERVICES DEPARTMENT OF HUMAN SERVICES WESTERN METROPOLITAN REGION

Physiotherapist HSC-4
Salary Range \$41,108 - \$55,906 pro rata
Time Fraction Part time (negotiable)

Specialist Children's Services work with children from birth to school entry, and their families where the child has an additional need. The team is multidisciplinary, with intake workers, special education teachers, psychologists, occupation therapists, speech pathologists, physiotherapist, social worker and services for the hearing impaired. We provide assessment, intervention and information about the service system, family support and service co-ordination as well as support to children in community settings.

We are looking for a dynamic physiotherapist who is keen to work in a team environment, preferably with interest and experience in working with young children and families.

*For more information and a Position Description please contact
Janet Ryan, Team Leader, SCS on 9275 7500*

Important Dates for 2003/2004

June 23rd - June 25th

Introductory Gait Analysis Course.

June 25th - June 27th

Master Class Gait Analysis Course.
Royal Childrens Hospital, Melbourne
Website: www.rch.unimelb.edu.au/ga/pages/course.html

August

Leslie Adler Upper Limb & Thoracic Course
Brisbane

Neurosciences Refresher Lecture Series -
Lecturer Margaret Mayston - Melbourne.

Sept 15th - Sept 20th

Early Assessment & Intervention with Babies
& Young Children, Auckland, New Zealand.
Email: ourgypsy@xtra.co.nz

Sept 10th - Sept 13th

57th American Academy of CP &
Developmental Medicine (AACPDM)
Montreal, Quebec, Canada.
Website: www.aacpdm.org

Sept 22nd - Sept 24th

5th National Paediatric Physic Conf.
Fremantle, Western Australia.
Website: www.promaco.com.au/conference/2003/pphysio/index.html

October 10th - October 11th

Paediatric OT Conference
Brisbane, Australia.
Email: kids2003@otqld.org.au

Start 2004

Bobath Refresher course -
Margaret Mayston - Melbourne

January 2004

8 week Bobath Course - Perth Western
Australia.



Deadlines for Newsletters

End of August - September Newsletter

End of November - December

Newsletter

***Contributions to the Newsletter
are always welcomed!***



**Have your details
changed?**

If so contact Lyn Gerke on
lynngercke@abndta.asn.au



***Congratulations to the following
course participants
who have qualified as
Neuro-Developmental Therapists***

Rachel Thomas
Katy Caynes
Christine Finn
Peter Garran
Julia Hanger
Andrea Hasselbusch
Penny Ireland
Christine Jessop
Leanne Johnston
Dana Leinster
Shailendra Maharaj
Fiona McEwan
Nicole Mesley
Meg Moller
Elizabeth Mooney
Yolande Noble
Helen Shield
Carmel Smith
Elaine Somers
Chris Sweeney
Vincent Van Dijk
Susan Waller
Sonia Wilkinson
Kerry-Anne Willett

Course Report

Its fantastic to think that there are another 24 neuro-developmental therapists now practicing throughout Australia and that another 40 families have been intensively exposed to what NDT treatment can offer. I would like to thank also the teaching staff on this course with the assistance of Anne Recordon, physiotherapist from New Zealand; Teena Caithness, Speech Pathologist extraordinaire from Sydney, and Kate Bain from Geelong who lead the Occupational Therapy component throughout the course. Teaching with such a skilled team that was dedicated and enthusiastic made it easy to have a vibrant learning environment for the course participants. I would also like to thank Jane Galvin for her enormous contribution to the running of this course in her role as course convenor. It is the job that makes 8 week courses happen, from the initial expressions of interest two years ago to signing off on the final expenditure budget at the last committee meeting - yet it is a job that is largely unseen and possibly not recognised for just how much time it takes. Thanks Jane! Thanks also to our tireless secretary, Lynn Gercke, who keeps under control the daily running of finances and all office matters.

I would also like to thank all the children and their families who agreed to come in for the clinics - as well as working really hard, it was great to see on the last day how much fun everyone was having as well at our "party day".

Finally I would like to thank the team on the ground in Brisbane who coordinated all the clinics especially Penny Ireland, Katy Caynes, Mary-Louise Shearer and Megan Kentish and the physiotherapy staff at RCH Brisbane who generously made room for us in their gym for clinics and made us feel very welcome. Penny was tireless in supporting the teaching team and promoting ABNDTA within Brisbane, culminating with an interview on national television explaining what NDT is! Teena Caithness summed up the feeling of the participants on the last day with some songs!

Sarah Foley, Course Leader

AH HA! SONG

(To the tune of Ah Ha Went the Little Green Frog One Day!)

**Ah ha! Went the students at clinic one day!
Ah ha! The children have fun
Ah ha! They all played in a participatory way
And they enjoyed themselves everyone!**

**But we all know the importance of
Postural Stability
For greater Mobility
And Selectivity
We plan our sessions with fantastic positivity
As we've all been Bobath/NDT trained!**

or

I LOVE BOBATH

(To the tune of Frere Jacque)

**I love Bobath, I love Bobath
NDT too, NDT too!
ICF and TIPs
Task Analysis and KPC's
It will never be the same
Berta Bobath is to blame!**

***Planning is well under way
for the next course which
will be held in Perth next
January - also planned for
next year will be refresher
courses for those therapists
who have completed their
paediatric course.
But here will be lots on offer
for those members who
cannot do a full course with
Lezlie Adler teaching in
Brisbane in August and
Margaret Mayston doing a
Neurosciences course in
Melbourne in August.***

